

BODYTONE



DAP

DUAL PULLEY

ENG

DAP

DUAL PULLEY



DIMENSIONS

195.5 x 92 x 229 cm.

NET WEIGHT / GROSS WEIGHT

395.5 kg / 445.5kg.

STRUCTURE

Carbon steel tube of 100x50 cm and 2.5 mm thick welded by robotized process, free of projections.
Structural connection plates of 12 mm, for an extra rigid joint.

BEARINGS

Ultra-quiet ball bearings with smooth sliding, allowing a more fluid and pleasant running of the exercise.

GUIDES

-Handlebar guides: 40 x 40 mm carbon steel tube, with 20 laser numbered and stamped positions for pulley adjustment.
-Plate guides in 20 mm calibrated steel.
Double hardened chrome plating treatment for better sliding.

PULLEYS

Nylon with internal bearing and silent running.
9 pulley system per plate tower.

WEIGHT PLATES

Double 80kg plate tower per tower, with 5 kg plates.
Ultra-quiet movement.
Protective rubber bumpers on anti-impact base.
Protective pvc bumpers between plates.

PLATE FAIRING

Integral double-sided metal fairing made of 1.5 mm thick carbon steel plate, protecting from possible accidents.

ADJUSTABLE SUPPORT FOR HANDLEBARS

Double support, with carabiner for handle exchange.
Double pulley for progressive execution of the exercise.
Pop pin adjustment in 20 positions.

HANDLEBARS

Double handlebars with one hand grip in non-slip PVC.
-Rope handle with one hand grip.
Two-hand grip rope handlebar.
-Steel squat bar.

ADJUSTABLE CENTRAL BACKREST.

Central backrest adjustable in height in 8 positions and adjustable in depth, with telescopic tube regulated by pop pin with 11 positions.
Made of Foam measures 290x175, covered in imitation leather, anti-allergic and easy to clean.

DAP

DUAL PULLEY

PULL-UP BAR

Upper pull-up bar with non-slip grip.

MATERIALS AND FINISHES

High quality finishes.

3.5mm ABS thermoplastic end caps.

STEEL CABLES

Pvc coated and 4 mm diameter.

BASES

Covered in non-slip rubber.

POSSIBLE EXERCISES

Machine with adjustable pulleys, ideal for chest, back, shoulder, arm and leg exercises.

MAINTENANCE AND LUBRICATION

Lubrication of bearings and calibrated steel guides.

PAINTING PROCESS

3 coats of paint.

Steel pickled and stabilized by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Antirust primer to guarantee an adequate isolation of the internal oxidation and a good adherence of the paint. 2 final coats of polyester epoxy powder paint, dried at 240°C.

DESIGN PROCESS

Biomechanics and ergonomics study under the supervision of professionals and associated athletes. After a long period of design; from the sketch, engineering research, prototype production, testing by professional athletes, our products go to market.



<p>PRESS INCLINADO INCLINE PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>PRESS DE PECHO CHEST PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>TRICEPS EN POLEA TRICEP PRESS DOWN</p> <p>BRAZOS/ARMS COMENZO/START FINAL/FINISH</p>	<p>ABDOMINALES DE RODILLAS KNEELING CRUNCH</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>
<p>PRESS DECLINADO DECLINE PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>APERTURAS PEC FLY</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>LLUMBARES DEAD LIFT</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>	<p>ROTACION DEL TRONCO CORE ROTATION</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>
<p>PRESS INCLINADO TUMBADO INCLINE PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>PRESS DE PECHO TUMBADO CHEST PRESS</p> <p>PECHO/CHEST COMENZO/START FINAL/FINISH</p>	<p>ROTACION INCLINADA TRONCO CORE ROTATION INCLINE</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>	<p>ROTACION DECLINADA TRONCO CORE ROTATION DECLINE</p> <p>TRONCO/CORE COMENZO/START FINAL/FINISH</p>
<p>REMO SUPERIOR HIGH ROW</p> <p>ESPALDA/BACK COMENZO/START FINAL/FINISH</p>	<p>REMO MEDIO MID ROW</p> <p>ESPALDA/BACK COMENZO/START FINAL/FINISH</p>	<p>SENTADILLAS SQUAT</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>	<p>ZANCADA LUNGE</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>
<p>REMO BAJO LOW ROW</p> <p>ESPALDA/BACK COMENZO/START FINAL/FINISH</p>	<p>DELTOIDE POSTERIOR REAR DELTOID</p> <p>ESPALDA/BACK COMENZO/START FINAL/FINISH</p>	<p>ZANCADA CON RESISTENCIA LUNGE-DECELERATING</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>	<p>ADUCTOR DE CADERA HIP ADDUCTION</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>
<p>DOMINADAS PULL UP</p> <p>ESPALDA/BACK COMENZO/START FINAL/FINISH</p>	<p>PRESS DE HOMBRO SHOULDER PRESS</p> <p>HOMBROS/SHOULDERS COMENZO/START FINAL/FINISH</p>	<p>ABDUCTOR DE CADERA HIP ABDUCTION</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>	<p>FLEXION DE CADERA HIP FLEXION</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>
<p>PRESS HOMBRO SENTADO SEATED SHOULDER PRESS</p> <p>HOMBROS/SHOULDERS COMENZO/START FINAL/FINISH</p>	<p>ELEVACION LATERAL LATERAL RAISE</p> <p>HOMBROS/SHOULDERS COMENZO/START FINAL/FINISH</p>	<p>EXTENSION DE CADERA HIP EXTENSION</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>	<p>GLUTEO KICK BACK</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>
<p>ROTACION INTERNA INTERNAL ROTATION</p> <p>HOMBROS/SHOULDERS COMENZO/START FINAL/FINISH</p>	<p>ROTACION EXTERNA EXTERNAL ROTATION</p> <p>HOMBROS/SHOULDERS COMENZO/START FINAL/FINISH</p>	<p>EXTENSION DE PIERNA LEG EXTENSION</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>	<p>FEMORAL LEG CURL</p> <p>TREN INFERIOR/LOWER BODY COMENZO/START FINAL/FINISH</p>